



Welcome to Vinön

– the largest island in Lake Hjälmaren

The island experience begins the moment you reach the Hampetorp ferry landing and step aboard the ferry across to Vinön. The crossing is free of charge and a lovely trip of about 25 minutes. Vinön is the largest island in Lake Hjälmaren, roughly ten kilometres around. The island is best enjoyed on foot or by bicycle and is made for leisurely outings during the summer months. Here you can take it easy, swim, wander about, browse a flea market and enjoy something good to eat or stop for fika at one of the many cafés.

Vinön is best enjoyed without a car

Vinön is a small oasis, best enjoyed on foot or by bicycle. The island has very few parking spaces. During the summer months, do consider taking the regional bus service (Länstrafiken) to Hampetorp, or leave your car in the car park beside the ferry landing. It is only 2.5 km between the island's ferry landing and the Norra badet bathing spot.

Hire your bicycle from us

From the Vinön ferry landing, walk up the hill and you will find our cycle hire on the right-hand side. There are about ten adult bicycles, two of which have a child seat. There is also a bicycle with a child trailer. Adult helmets are available to borrow, but please bring your children's cycle helmets. Call +46 (0)73 054 59 02 to make a booking.

A scenic walk

To the left and up from the ferry landing, a yellow-marked walking trail runs down towards the water. It is 4.5 km long and leads to Vinön's Norra badet bathing spot. The terrain is a mix of forest tracks, shorelines and paths. You will climb over a few stiles and pass a number of sheep pastures. There is abundant wildlife to enjoy here if you walk quietly and calmly. You might come across a hare, fox, roe deer, beaver, pine marten, mink, crane, white-tailed eagle or osprey – or one of the island's four moose.

Zander and sustainable fishing

Zander is one of the prides of Lake Hjälmaren and is also found in other lakes, such as Mälaren and Vänern. A fully grown zander must be at least 45 cm, and makes a truly delicious dinner for two. If you don't look after what you have, you will be left with nothing. That has always been the thinking of the commercial fishermen on Hjälmaren and Mälaren. To underline their sustainable, responsible zander fishing, our fishermen on Hjälmaren chose to have it MSC-certified in 2006. MSC certification means that the fishermen work towards healthy fish stocks, a minimal impact on the environment and effective management.

Events, experiences and meals

Vinön offers a wealth of things to do. Enjoy concert evenings at Vinöns Vårdshus, flea-market trails, freshly caught zander, stone-baked sourdough pizza, cooling ice cream and freshly baked treats with your coffee. Cycle around the island and discover new routes, take a dip from the jetty at the bathing spot, or take in the scenery along the walking trail.

In the event of an accident

The Swedish Sea Rescue Society can be reached on **112** in an emergency. For assistance at sea, reach us on our duty line **+46 70-587 80 78**.

Getting to us by ferry

The ferry from Hampetorp to Vinön is free of charge; the crossing takes about 25 minutes and is a cosy, soothing start to your visit to Vinön. If you come by car, there is parking at the ferry landing in Hampetorp. Walk on board the ferry. If you are travelling from Örebro, a bus service is available with Länstrafiken between 15 June and 16 August 2026.